

STUDENT-ATHLETE HANDBOOK

LAKE MARY PREP ATHLETICS

At Lake Mary Preparatory School, our Athletic program provides endless opportunities for students to stretch their athletic abilities while building on important skills such as dedication, teamwork and leadership. LMP has 24 sports teams at varying levels from junior high to varsity competing in the fall, winter, and spring.



Table Of **Contents**

LMP Athletic Department	3
Value, Vision, Voice	5
Student-Athlete Expectations	7
Parent Expectations	19
Communication	21
Athletic Offerings	23
Acknowledgment Form	25

Lake Mary Prep **Athletic Department**

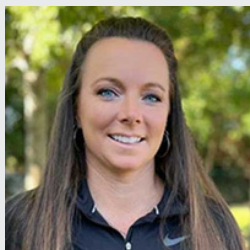
ATHLETIC DEPARTMENT STAFF



Stephen Piercefield

Director of Athletics

Stephen.Piercefield@lakemaryprep.com



Bonnie Brewer

Asst. Athletic Director &
Athletic Trainer

Bonnie.Brewer@lakemaryprep.com



Nadia Hutagalung

Administrative Asst. &
Athletic Support

Nadia.Hutagalung@lakemaryprep.com

LMP ATHLETIC DEPARTMENT WEBSITE



lmpathletics.com

ATHLETIC ASSOCIATIONS

Lake Mary Prep is a member school of Florida High School Athletic Association (FHSAA) and Sunshine State Athletic Association (SSAA). LMP adheres to all the rules and regulations associated with both governing bodies.

► FHSAA

Lake Mary Prep is a member of the Florida High School Athletic Association, which is the governing body of high school athletics in Florida. All FHSAA rules and regulations must be followed by Lake Mary Prep's administrators, coaches, student-athletes, and parents. The FHSAA Handbook which includes all the rules and regulations of the association can be found here: [23-24 FHSAA Handbook](#) or on their website at www.fhsaa.com.



► SSAA

Lake Mary Prep is also a member of the Sunshine State Athletic Association, which is a partner of the FHSAA. The SSAA mirrors all FHSAA rules and regulations as directed by the Florida State Legislature. Sunshine State Athletic Association holds their own state championships and tournaments that LMP athletics participates in. Information about the SSAA can be found here: [Sunshine State Athletic Conference](#)



GRIFFIN NATION ATHLETIC ASSOCIATION

Griffin Nation is organized as a non-profit, outside organization called Griffin Nation Athletics Club, Inc. All efforts under this organization will be in support of Lake Mary Prep Athletics. The mission is to support significant enhancements to athletics including equipment, facilities and programs.

GRFYS AWARDS NIGHT

Head Coaches are expected to participate and remain in attendance for the duration of the GRFY awards banquet to support other sports, coaches and student-athletes. Nominations for awards will be made upon the completion of each season. This allows adequate time to plan the honoring of your teams, athletes, and your seasons.

Value, Vision, Voice

LMP ATHLETICS VISION

To create and sustain an Athletic Department that fosters an environment of integrity and success while enriching the life of the whole person.

STATEMENT OF ATHLETIC PHILOSOPHY

Through sports we are committed to teaching how to work collaboratively to reach performance goals, how to embrace diversity of thought and culture, how to persevere through failure with resiliency and how to compete with integrity.

LOWER SCHOOL

Lower school athletic teams (intramurals) are offered to students in grades 2-5 at the introductory level, with an emphasis on fundamentals, skill development, and hand-to-eye coordination. Students may participate in various sports in a learning but fun atmosphere. Each student will be able to learn the basics of the particular sport as well as have the opportunity to put their play into action in a competitive team setting. The emphasis of lower school athletics is to provide a feeder program for our middle school athletic teams that will ultimately grow into the dedication and discipline necessary for our varsity teams.



SUB-VARSITY

Middle school (junior high 6th-8th) and junior varsity (6th-11th) athletic teams are considered to be introductory and developmental levels of interscholastic competition. The emphasis is placed on skill development, individual improvement, self-confidence, and teamwork, with the ultimate goal being continued progress toward varsity competition. Lake Mary Prep will continue to uphold a “no cut” policy at the sub-varsity level. The amount of playing time will always be determined by the coach, while the focus will be on developing the skills and fundamentals necessary to be on the varsity level.

VARSITY

Varsity athletics is the highest level of interscholastic competition. Lake Mary Prep is committed to fielding the best possible athletic teams for competition at this level. The FHSAA has mandated roster size limitations for sports competitions in which cuts could be necessary. A student-athlete may “play up” above grade level at the recommendation of the coach and upon consultation and approval of the Athletic Director and the parents. Coaches will continue to strive for high levels of skill, positive self-esteem, sportsmanship, and team play. While it will be the goal of the varsity level program to encourage student-athlete participation, playing time in games will be earned by the athlete’s efforts in addition to his/her talents, as well as what is best for the overall success of the team.



Student-Athlete Expectations

Participation in athletics is not a right but a privilege. In order for students to participate in interscholastic athletic programs, there are certain rules and regulations that must be followed. It is the responsibility of every student-athlete to know and understand these rules and regulations. Continued disregard of the following expectations could result in suspension or dismissal from a particular team.

HONOR CODE/CONDUCT

As noted in the Student Handbook Honor Code, students are expected to instill the values of integrity, respect, and responsibility that bring credit to the school and to the community, whether they are on or off campus, including social media. This commitment is reflected in each student's pledge to abide by the Lake Mary Prep Honor Code. Students who disregard citizenship standards may jeopardize their athletic eligibility. Behavior deemed detrimental to the team and/or school may result in suspension from games or removal from the team, with repercussions the school deems necessary. If a student-athlete is suspended from school (in-school or out-of-school suspensions), there is a corresponding suspension from any athletic practice or contest on the same day(s). If the suspension occurs prior to a weekend or holiday, practice or contests on these days are inclusive. School administration will have the final discretion in dealing with inappropriate behavior on and off the playing field. Coaches reserve the right to playing time/additional disciplinary action as pertains to suspensions.

SPORTSMANSHIP

As members of athletic teams, student-athletes are high-profile representatives of Lake Mary Prep. Students are expected to act in an appropriate manner.

The following behavior is inappropriate and will not be tolerated:

- Unsportsmanlike conduct
- Rude or disrespectful behavior
- Taunting/Threatening opponents or officials
- Fighting
- Profanity
- Possession of, use of, or being under the influence of alcohol, tobacco, or drugs
- Destruction of property

Students who exhibit any of the above behaviors or any other inappropriate behavior will be removed from the contest and suspended immediately from all athletic practices and competitions pending further investigation. The Athletic Director, the coach, and the assistant principal/head of school will determine the length of suspension.

Any act of unsportsmanlike or inappropriate conduct will be dealt with swiftly. A suspension would also include not being permitted to any LMP athletics facilities during time of suspension. Furthermore:

- A student who is ejected from a contest shall be ineligible to participate in any contest for a minimum of one week.
 - If no contests are scheduled during that week, the student will miss the next football game, the next two contests, and/or serve the full length of the suspension given by the FHSAA. The student is responsible for any fine assessed by the FHSAA and/or SSAA.
- A student who strikes, curses, or threatens an official, coach, opponent, spectator, etc. during a game or at any other time, or who fails to maintain a standard of conduct satisfactory to the FHSAA, SSAA, and/or the coaches and administration, will be ineligible for a minimum of six weeks and/or up to the remainder of their LMP athletics career and must pay the fine, if assessed, by the FHSAA and/or SSAA to the school.

- If the penalty occurs at the end of a season or year, the student will serve and still be ineligible for the same period of time as stated in the next sport in which the student participates.
- Any student-athlete who receives a Level 3 or Level 4 suspension from the FHSAA as defined in Policy 30 of the FHSAA handbook will not be eligible to participate for LMP in any sport for the duration of their career. The student-athlete is afforded the opportunity to appeal this suspension to the athletic department for review. This appeal must be made in writing to the athletics director within the first five school days of the suspension.
- All students who act in an unsportsmanlike manner, resulting in a letter/penalty, will be required to meet with the Athletic Director and Head Coach before resuming athletic participation.
- Depending on the violation, consequences could also warrant the potential for suspension or expulsion from the school.
- Any parent/guardian or spectator who exhibits any of the above behaviors will also be subject to dismissal from the contest, suspension, and/or permanent expulsion from future athletic contests.

All student-athletes must stand and salute our Nation with the utmost respect during the National Anthem. There will be no gum chewing, talking, or any signs of disrespect during this tribute.

ACADEMIC REQUIREMENTS

Student-athletes at Lake Mary Preparatory School must understand that they are students first. Their performance and conduct in the classroom may impact their involvement in athletics. The Athletic Director and school administrators will closely monitor student-athletes' grades and conduct.

All student-athletes in grades 6-12 must maintain a minimum unweighted cumulative GPA of 2.0 or above on a 4.0 scale each semester to comply with the FHSAA's standards. If at the end of a semester the cumulative GPA is below a 2.0, the student athlete will not be eligible to compete during the next semester and will remain ineligible until the cumulative semester GPA is a 2.0 or above. In addition, academic tracking will be administered by the Athletic Department and communicated through corresponding coaches.

- Any student-athlete in grades 6-12 who has a “D” or below in any class will be put on academic progress monitoring.
- If a student-athlete is on academic progress monitoring, they must attend tutoring sessions and/or collaborate each week with the teacher/class until the grade is raised to a “C” or above.
- If the student-athlete does not attend their tutoring sessions or communicate with their corresponding teacher, the athletic department may withhold the student-athlete from practice and/or competition. Teacher signatures are required for proof of tutoring on the designated document, provided by the athletic director.
- Per the LMP student handbook, if a student-athlete has two or more “D’s” in a marking period, the LMP administration will withhold a student-athlete from participating in practice and/or competitions.

LIMIT OF ELIGIBILITY

As a participating member of the FHSAA, student-athletes can participate in a sport from grades 6-12. They may participate in interscholastic athletics one year as a sixth-grader, one year as a seventh-grader, and one year as an eighth-grader. Upon completion of the eighth grade, each student-athlete will have four consecutive years of eligibility.

RESIDENCE REQUIREMENTS

Student-athletes shall be eligible in the school they first enroll in each school year or make themselves a candidate for an athletic team by engaging in a practice before enrolling in any member school. Student-athletes shall remain eligible in that school as long as they remain enrolled, regardless of where they live.

NEW STUDENT PARTICIPATION

Any student new to LMP must be completely withdrawn from their previous school or matriculated from their prior middle school and completely enrolled prior to participating in any off-season conditioning, practices, or games. This includes any summer activities or leagues.

TRANSFER STUDENTS

LMP's Good Cause Transfer with Athletic Eligibility (Per FHSAA Policy 9.3.2.3) – A student who transfers after the start of the school year will immediately be eligible for athletics if the student is “authorized for good cause” by one of the following:

- Move to a new residence: the student moves to a new home address due to a move by the student and the parent/guardian with whom the student has been previously living, which makes it necessary for the student to attend a different school.
- Children of active-duty military personnel, whose move resulted from military orders.
- Students who move due to a court-ordered change in custody or a serious illness/death of a custodial parent.
- Transfer to Lake Mary Prep within the first 20 days of the semester.
- Undue hardship: subject to review by the Head of School and/or the Executive Team.

HOMESCHOOL ATHLETES

Lake Mary Preparatory School is pleased to offer homeschool students the opportunity to engage in sports here at LMP, allowing us to grow our athletic program, create a deeper roster, provide a more competitive atmosphere, and ensure overall growth and success among players. If your homeschool student has an interest in athletic participation at Lake Mary Preparatory School, please review the requirements below.

- Register as a home education student with a district school superintendent of the county he/she resides in.
- Lake Mary Preparatory School homeschool application must be submitted to the LMP athletic department, and an interview will be conducted. To schedule an interview, please contact Stephen Piercefield, Director of Athletics, at Stephen.Piercefield@lakemaryprep.com.

(continued on next page)

- Homeschool students must meet the same standards of acceptance, behavior and performance as the school requires of other participating students.
- Register with the FHSAA office each year by filling out the EL7 Form, see below.
- Pay the corresponding athletic fee for participating in the sport.
- Certify to Lake Mary Preparatory School at the end of each semester that he/she has the minimum cumulative grade point average required for participation by providing transcripts.
- Meet all other FHSAA eligibility requirements as listed in the FHSAA Handbook. For more information [click here](#).

REQUIRED FORMS

All 6th through 12th grade students who are interested in participating on any LMP athletic team MUST have the following forms completed and uploaded to <https://athleticclearance.fhsaahome.org/>. The student will also need to create their account and watch/verify their completion of the NFHS-required videos as part of the EL3 consent forms. Families should keep track of their student athletes' current paperwork for one calendar year. All forms are available online at www.lakemaryprep.com.

- FHSAA Physical Evaluation Form (EL2)
- FHSAA Consent and Release from Liability Certificate (EL3)
- FHSAA Recruiting Affidavit (GA4) (required for transfer students grades 10th, 11th, 12th)
- Emergency Contact Form
- Transportation Form
- Student-Parent Athletic Handbook Form

FEES

Our athletic participation fees have been set in coordination with our business office and are necessary for the athletic departments' budget operations to cover the cost of officials, uniforms, FHSAA and SSAA fees, tournament fees, equipment, transportation, facilities, rental fees, and pride packs.

Student-athletes will be charged an athletic fee for each sport they participate in. Parents will complete a sports questionnaire (Google Form) at the beginning of each season for their child. This questionnaire is a commitment for their child to participate in the sport selected and a commitment that they will be financially responsible for the payment of the athletic fee and the pride pack that will be ordered. **Once a student-athlete has participated in the first week of practices to begin the season, the participation fee will be charged to the family's school account.** Once this has taken place, the fee is non-refundable. This is to ensure ordering, staffing, and scheduling commitments can be met and accounted for.

PLAYING TIME

One of the primary sources of conflict in athletics is the issue of playing time. Please keep the following distinctions in mind as you consider your athlete's experience. While there are fees associated with participation, our athletic offerings are not a "pay to play" model. At times, it is very difficult for parents to accept their child's not playing as much as they may hope. Our coaches are professionals and will make judgment decisions based on what they believe to be best for all the athletes involved.

As a student moves through the athletics programs, the requirements for "making the team" become more stringent with each new level. A student is not guaranteed a place on the team because he/she was on the team the year before, or because their friends are all on the team, or because it is his/her senior year.

Every student-athlete at the sub-varsity level who fulfills his or her academic and team commitments will be given the opportunity to play in competition. The coach will always determine the amount and time of play, but the focus will be on developing the skills and fundamentals necessary to be on the varsity level.

On varsity teams, there are no guarantees of playing time for any student-athletes. The coaching staff will always determine playing time with a focus on competing to the team's fullest potential. Athletes at all levels should have the expectation that their development will be evaluated and coaches will communicate areas for improvement.

PRACTICE/GAME ATTENDANCE

Specific practice schedules will be issued by each Head Coach at the beginning of each season. These schedules will be subject to change, and coaches will provide a weekly email of information. Some teams may have to stagger practices due to space limitations.

- The last team to practice will finish no later than 9:00 pm.
- Two-a-day practices on a non-school day may not exceed (4) hours.
- Two-a-day practices on a school day may not exceed (3) hours.
- No practice or player meetings can be held on Sunday.

Practice and game attendance is our expectation, and it should be noted that practices or games might be scheduled on weekends, holidays, or breaks. Any participant who tries out and is selected for a Lake Mary Prep team at any level is required to fully commit to that team. Lake Mary Prep teams take precedence over all outside athletic programs. Failure to attend practices/games may result in, but is not limited to:

- Loss of playing time
- Loss of captainship
- Not receiving a Varsity Letter
- Suspension from the team
- Removal from the team
- Other consequences determined by the Head Coach and/or the Athletic Director

If, for some reason, a student-athlete decides to stop participating on a team, or the student-athlete is dismissed from a team, then he/she will not be permitted to join or participate in any other sport for the duration of that sport season unless approved by the athletic department.

Illnesses, family emergencies, religious observances, and academics are acceptable reasons for missing practices and games. Anticipated conflicts with practices need to be directly communicated to the Head Coaches. Anticipated conflicts with games must be identified before the start of the season (tryouts) and brought to the Head Coaches attention. The Head Coach will notify the Athletic Director, who will review the circumstances surrounding the conflict. If, after review, the absence is not approved (only exceptional circumstances will be considered), **the player may be subject to consequences set by the Head Coach and/or Athletic Director, which could include the potential loss of the privilege of team membership.**

NON-SCHOOL COMPETITION

Participation in non-school teams (AAU, Club, etc.) is allowed provided there are no scheduling conflicts with any LMP team in which that student is a member. LMP teams and their commitments must take priority over any outside team event. If any conflict should arise, the expectation would be for the student-athlete to attend the LMP event. Failure to comply could result in, but not limited to: not lettering, consequences from the Head Coach and/or Athletic Director, and even dismissal from the LMP team.

SCHOOL ATTENDANCE

A student-athlete must be in attendance at school for at least half the school day in order to participate in athletic competitions and practices for that day.

EARLY DISMISSALS / ABSENCES

It is the student-athlete's responsibility to inform his/her classroom teachers of all known absences and/or early dismissals due to athletic events. Student-athletes are responsible for submitting assignments, completing tests for classes missed, and pre-arranging with their teachers to make up work, including homework, tests, quizzes, and papers due in classes missed for athletics. The Athletic Department will communicate in the Friday Focus (for teachers and staff), as well as the LMP newsletter for the week ahead, which includes early dismissal times.

VARSITY LETTER

A varsity letter will be awarded to a student-athlete who abides by this handbook at the discretion of the Athletic Director with input from the Head Coach. Failure to follow the guidelines set forth by the Head Coach may result in the denial of this varsity letter. Quitting a team will automatically disqualify a student-athlete from obtaining a varsity letter.

TRANSPORTATION

The school will provide transportation whenever possible. For smaller groups and in cases where events are being held simultaneously, parents will be asked to assist with transportation. A transportation form must be signed by all parents/guardians of each student-athlete, allowing them to travel with another parent/guardian to athletic contests. When transportation is provided, all team members must travel with the team to the competition; however, they may travel home with their parent/guardian after the coach has been properly notified. A student must not drive with another student to or from a contest unless they are siblings.

EQUIPMENT AND UNIFORMS

Our school colors are burgundy and gray, with black and white accents. Both practice wear and game uniforms must be worn with pride at all times, i.e., shirts on and tucked in, shorts unrolled, non-exposed midriffs, and proper undergarments that are not visible. The assigned game uniforms are the property of Lake Mary Preparatory School, and it is the student-athlete's responsibility to care for the equipment and uniforms issued to them. If items are lost or damaged beyond what is considered normal wear and tear, your account will be billed for replacement costs. Student-athletes will have one week after the completion of their last contest to turn in all school-issued gear to the athletic department. In the event that uniforms are not turned in, consequences could include, but are not limited to: not being able to participate in their next sport, and/or accounts being charged for a full replacement.

DUAL SPORTS

A student-athlete may not quit one team to try out for another team within the same season once the team roster is selected. If there is an overlap in the sports season, the first sport will take priority until its completion. A student-athlete may only compete in two sports in the same season with permission from the Athletic Director and both Head Coaches. Coaches at LMP will encourage athletes to participate in multiple sports throughout the year. The Athletic Director will not permit coaches to suggest to players that they specialize in one sport to the exclusion of others. High school is a time when trying different sports should be encouraged.

Students are cautiously permitted to participate in two sports during the same season involving teams sponsored by Lake Mary Prep when adhering to the following guidelines:

- A written agreement between the athlete, both coaches, and the parents with final approval from the Athletic Director.
- The athlete must designate the primary sport .
- Participation in the primary sport requires attendance at all regular season and tournament contests without penalty from the secondary sport.

STUDENT-ATHLETE INJURIES

From time to time, when participating on an athletic team, your son/daughter may get injured, and it is the responsibility of the student-athlete to inform his/her coach immediately if an injury has occurred, whether during a practice or competition. At Lake Mary Prep, we have a licensed, certified athletic trainer who is on campus for all home events as well as after school each day for treatments, evaluations, and rehab. Occasionally, an athlete may not know that he/she is injured until after a practice or competition has ended. In this case, please do not hesitate to take your child to a medical professional if it appears to be an urgent matter. If you decide to do this, please contact the athletic trainer at (407) 805-0095 xt.210, or email bonnie.brewer@lakemaryprep.com within 24 hours so that the injury can be documented by the Athletic Department and a follow-up treatment plan can be established.

If at any time an athlete seeks the care of a Medical Professional for any injury/ailment, it is required that they immediately submit a copy of their physician's note, specifically stating diagnosis, limitations and recommended treatment plan to the Athletic Trainer. Regardless of the severity of the injury, the athlete may not return back to athletic participation until they have been cleared by a Medical Professional who specializes in that specific area of the body. Once they have recovered, a note stating their clearance/release back to activity must be submitted to the Athletic Trainer prior to their return. For further clarification, the clearing physician may not be a direct relative to the injured athlete.

The athletic trainer at Lake Mary Prep has a relationship with a local orthopedic office and several physicians who specialize in athletic injuries, and can assist with getting student-athlete appointments within a reasonable amount of time. If at any time there is a question about an athlete's injury, please reach out to the Athletic Trainer directly or the Athletic Department for further guidance.

Parent Expectations

EXPECTATIONS OF THE PARENT/GUARDIAN

The parents' and spectators' role is one of support for the players and coaches. Parents and spectators should not engage in "coaching" from the sidelines, criticizing players, coaches, and game officials, or stand on or behind team benches. Every parent and spectator is expected to:

Conduct themselves in an appropriate manner spectators during athletic contests, promoting the ideals of sportsmanship.

- Accompany their son/daughter to all organizational meetings offered by the athletic department.
- Work closely with all school personnel to ensure an appropriate academic as well as athletic experience.
- Refrain from coaching their child and/or other players during games and practices.
- Respect the officials and their authority during games, and never question, discuss, or confront coaches at the athletic venue.
- Respect the coaches/parents/players of the opposing team.
- Speak to coaches at an agreed upon time and place, adhering to a "24-hour rule."
- Understand that playing time is earned through work ethic, attitude, practice, scrimmage, and game performances and is at the sole discretion of the coaching staff. Coaches will use a fair and objective system to determine each student-athletes playing time.

- Understand that the coaches will not discuss strategy, playing time, or substitution patterns with the parents or relatives of the student-athletes.
- Demand that their child treat other players, coaches, officials, and spectators with respect regardless of race, creed, color, sex, or ability.
- Promote the emotional and physical well-being of the student-athletes ahead of any personal desire they may have for their child to win.
- Not encourage any behaviors or practices that could endanger the health or well-being of the student-athletes.
- Be positive support for all players, coaches, officials, and spectators at every game, practice, or sporting event.
- Maintain proper distance between the team during a practice/contest.
- Not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent, such as booing or taunting or using profane language or gestures.
- Work closely with coaches and other school administrators to identify a reasonable and realistic future for my son/daughter as a student-athlete, both at the high school and collegiate levels.

Any parent/guardian, or spectator who cannot demonstrate the above behaviors will be cause for dismissal, suspension, or permanent expulsion from future athletics.

Communications

LMP STUDENT-ATHLETE, COACH AND PARENT COMMUNICATION

There are some situations that may require a conference between the player and the coach and the parent and the coach. These are to be encouraged. It is important that both parties involved have a clear understanding of the other's position. When these times of conflict arise, here is the established Chain of Command to follow:

STEP 1 – ATHLETE TO HEAD COACH

We believe that student athletes should be able to approach his/her coach with regards to conflicts that arise on athletic teams. Parents are asked to encourage their child to deal directly with the team's Head Coach.

STEP 2 – PARENT TO HEAD COACH

Once your child has met with his/her Head Coach, parents are welcome to set up meetings with the Head Coach of their child's teams. The athlete should attend this meeting. Such discussions should be done with a professional demeanor. Parents are not allowed to approach coaches immediately before or after contests and must follow the 24-hour rule. This action will not be tolerated in our department. Failing to comply can result in your child's loss of privilege to participate.

STEP 3 – PARENT TO ATHLETIC DIRECTOR

If the proper channels of communication have been followed and the conflict is still not resolved, parents are encouraged to set up a meeting with the Athletic Director. Please contact the athletic department to schedule this meeting. This will allow the proper allotment of time to be scheduled for the meeting. A follow-up meeting with parent, student-athlete, Head Coach and Athletic Director will take place if necessary and this must occur before taking the next step in the process.

STEP 4 – PARENT TO HEAD OF SCHOOL

If steps 1-3 have been followed and the conflict is not resolved, a meeting with the Head of School can be set up through the upper school administration office.



MAJOR CONCERNS TO DISCUSS WITH COACHES (IN AN APPROPRIATE SETTING)

- The treatment of the child, both mentally, physically, and emotionally
- Ways to help the child improve
- Concerns about the child's behavior



MINOR CONCERNS NOT TO DISCUSS WITH COACHES

- Playing time
- Team strategy
- Play calling
- Other student-athletes

THE COLLEGE-BOUND STUDENT-ATHLETE

If you are planning to enroll in college as a freshman and you wish to participate in Division I or Division II athletics, you must be certified by the NCAA Eligibility Center. It is each athlete's responsibility to see that the Clearinghouse has the documents it needs for certification. The NCAA Eligibility Center, located in Iowa City, Iowa, is the organization that handles ALL inquiries regarding an individual's initial eligibility status. The Clearinghouse operates a separate Website at www.eligibilitycenter.org, which maintains and processes all of the initial eligibility certifications.

If you need any further assistance, please contact the Athletic Department and/or the LMP College Counseling Department.

Athletic Offerings

LAKE MARY PREP ATHLETIC OFFERINGS

The Lake Mary Prep Athletic Department comprises 15 different sports programs. Many of these programs are made up of a variety of levels, including varsity, junior varsity, and middle school. Below is a list of the sports programs currently offered.

FALL SPORTS (AUGUST-NOVEMBER)			
SPORT	VARSITY	JV	MIDDLE SCHOOL
Cross Country - Boys	☒		☒
Cross Country - Girls	☒		☒
Bowling - Boys/Girls	☒		
Golf - Boys	☒	☒	
Golf - Girls	☒	☒	
Football (8-man)	☒		☒
Swimming - Boys	☒		
Swimming - Girls	☒		
Volleyball	☒	☒	☒

WINTER SPORTS (OCTOBER-FEBRUARY)

SPORT	VARSITY	JV	MIDDLE SCHOOL
Basketball - Boys	☒	☒	☒
Basketball - Girls	☒		☒
Soccer - Boys	☒		☒
Soccer - Girls	☒		☒
Weightlifting - Girls	☒		

SPRING SPORTS (JANUARY-MAY)

SPORT	VARSITY	JV	MIDDLE SCHOOL
Archery	☒		☒
Baseball	☒		☒
Beach Volleyball	☒		
Tennis - Boys	☒		☒
Tennis - Girls	☒		☒
Track - Boys/Girls	☒		☒
Girls Flag Football	☒		
Weightlifting - Boys	☒		

Student-Parent Athletic Handbook Form

Once the Handbook is completely read, the student-athlete and the parent(s)/guardian(s) must sign and date this form.

I have read and fully understand the Student-Parent Athletic Handbook and agree to comply with all the rules and regulations.

Athlete's Name: _____

Athlete's Signature: _____

Grade: _____

Date: _____

I have read and fully understand the Student-Parent Athletic Handbook and agree to comply with all the rules and regulations.

Parent/Guardian's Name: _____

Parent/Guardian's Signature: _____

Date: _____

Parent/Guardian's Name: _____

Parent/Guardian's Signature: _____

Date: _____



This form must be signed and dated before the student-athlete can participate in any athletic contest



650 Rantoul Lane
Lake Mary, FL 32746
407-805-0095
lakemaryprep.com